



## WILD COAST CYCLE TOUR

**Suggested dates: To coincide with spring tides**

### **Day 1: Chintsa to Morgan Bay (App 40km)**

- Depart Chintsa Cove on a beach section for Rooival (departure to coincide as closely as possible with spring low tide)
- Single track, dual off-road track and some portage sections bring us to Haga Haga
- Haga Haga to Morgan Bay heads inland, traversing the beautiful farm of Frank Cockin (access still to be confirmed by owner)
- Final section of ride is on good gravel into Morgan Bay where we will overnight at Morgan Bay Hotel



Locals enjoying a group of riders near Chintsa

### **Day 2: Morgan Bay to Wavecrest Hotel (App 30km)**

- Morgan Bay to Kei Mouth for the ferry crossing over the Great Kei River
- Follow an interesting variety of gravel, sledging paths and single track routes that take us through the Gxara River valley near the mouth and on to Qolora and “the Gates”

**AFRICAN HEARTLAND JOURNEYS cc**

Ck2001/041548/23

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- Passing the Jacaranda shipwreck of 1971 takes us through the secondary dune palm forest and on to Kobonqaba River Mouth
- From Kobonqaba to the Nxaxo River we stick to the dune palm forest paths
- A broad range of technical levels will present riders with a challenging but fun day that ends at the Wavecrest Hotel
- An optional afternoon canoe trip on the Nxaxo River is offered

### **Day 3: Wavecrest to Qora Mouth (Kob Inn) (App 27km)**

- Departing Wavecrest Hotel we head along a short beach section past Sandy Point and on to Cebe, a quaint holiday village set on the rough shores of the Wild Coast
- A short inland traverse and fun downhill brings the group to the mouth of the Cebe and Gqungu Rivers
- Tide dependant we will ride or portage the short beach section before heading into the Gqungu forest past Stony Point.
- Following single track coastal paths, and sandy tracks through the dune forest we emerge at Mazeppa Bay.
- From Mazeppa Bay we stick as close to the beach and ocean until the mouth of the Qora River where we will cross by ferry.
- Overnight at Kob Inn Hotel

#### **River crossings & rural roads**



### **Day 4: Kob Inn to The Haven (App 42km)**

- A race against the tide presents a challenging day of beach, single and dual track riding
- Sticking close to the coast for the two river crossings, Shixini and Nqabara Rivers, before heading inland on a 10km loop that drops back to the coast at the entrance of Dwesa Nature Reserve
- A stunning ride through this little explored reserve to its eastern boundary, the Mbashe River, which we cross by ferry for the short final leg to The Haven and our overnight accommodation

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### **Day 5: The Haven to Coffee Bay (App 52km)**

- Beach, coastal footpaths and dual track riding for the first 30km meanders between coast and inland hills and valleys dotted with rural villages
- By afternoon we will reach the geographical icon of Hole in the Wall before heading on a gravel road that traverses the majestic cliffs into Coffee Bay where we will overnight at the Ocean View Hotel



### **Day 6: Return to Chintsa, departing mid-morning.**

**Backup vehicle will travel with riders' extra equipment for the overnight stops. Riders will be primarily self sufficient on each leg of the ride and lunches will be in the form of packed lunches which will be provided by the various hotels along the way. Should we encounter any major problems or emergencies along any leg, the backup vehicle will be called in to the nearest possible point for assistance.**

**Distances are approximates as weather and tides dictate actual routes that will be ridden.**

**Due to the nature of this tour and the remote environment, it is recommended that all participants are insured for casavac emergencies.**

#### **Tour includes:**

- ✓ Professional lead mountain bike guide
- ✓ Support guide
- ✓ Backup vehicle & bike trailer
- ✓ Accommodation
- ✓ Meals
- ✓ Return transfer to Chintsa

#### **Tour excludes:**

- Mountain bikes
- Mountain bike accessories & personal safety gear (helmets, gloves etc.)
- Mountain bike spares
- Snacks & drinks on route
- Bar drinks
- Personal insurance

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