



## ***Wild Coast Cultural Adventure***

**An exciting cultural experience into the lives of the amaXhosa combined with a strong sense of adventure along the dramatic Wild Coast of South Africa.**

Hiking, mountain biking and flat water canoeing along the Wild Coast utilising lodge and hotel accommodations, make up this phenomenal experience. Throughout the journey you will travel amongst rural amaXhosa villages that dot this dramatic landscape and enjoy a dynamic ocean that thunders against majestic cliffs, enjoy peaceful estuaries, forests and secluded beaches that unfold before you.

### ***Day 1: Welcome to the Wild Coast***

- Meet and greet at the East London airport for transfers to Wavecrest Hotel at the mouth of the Nxaxo River – and home to one of the largest breeding colonies of Crowned Cranes (seasonal).
- A late afternoon **canoe trip** up the lagoon in which we explore the delicate eco-system of the mangroves, estuarine systems and enjoy the plentiful bird life.
- Dinner at the hotel overlooking the river mouth and mighty Indian Ocean. Overnight at the hotel to Wild Coast sounds.



### ***Day 2: Mountain biking the Wild Coast***

- A hearty sunrise breakfast is followed by equipment preparation of the **mountain bikes** before we set off through the palm forests for the first river crossing and the **shipwreck of the Jacaranda**, marooned on a stretch of secluded beach.
- Our ride loops a little inland before rejoining the coast for a long beach section into Qolora where we visit “The Gates” – a river system boasting exceptional floral diversity, bird life and lush riverine forest.



- Enjoy jumping from cliffs (kloofing), swimming in the rock pools or sitting



beneath the waterfalls as we picnic lunch in this beautiful location.

- For the energetic, the afternoon bike trail follows ancient sledging paths as it winds through a series of rural villages (and for the not so energetic, the 4x4 is at hand where you can enjoy the scenes from the comfort of your seat!).
- We cross the **Great Kei River on the rickety old ferry** (SA's last remaining motorised pont) before arriving at the peaceful coastal holiday town of Morgan Bay where we spend the night.

### **Day 3: Pure trekking**

- Setting off on foot we traverse the dramatic coastal cliffs which separate Morgan Bay from Double Mouth (home to Africa's largest fossil find). Along this route there is a high probability of land based dolphin and whale spotting (all year with the best months being July to August)
- As "Bead Beach" opens after the estuary crossing we will learn of the ill fated Santo Espirito from which the beach gets its name.
- This pristine stretch of coast allows you to learn of the rich rocky shore life of the east coast as our guides explore the intricate rock pools along the trail.



- Rejoining our back-up team and the 4x4's we head inland through the rural community of **Ngingxolo Village** followed by Tainton village and finally arrive at Chintsa East, nestled in the dune forests overlooking the 15km of unspoiled beach.
- Enjoy the lazing at the pool, walking up the beach or just relaxing in your lodge before dinner in the restaurant overlooking the southern Wild Coast.

#### **Day 4: Rest and Relaxation Day on the coast**

- The day is spent enjoying Chintsa and surrounds.
- You will be staying in Crawford's Lodge and Cabins – swimming pool, tennis court and the beach to access at *your leisure*.
- **Optional Extra** – high speed ocean experience out the East London Harbour, jumping swells, enjoying the new angle on the coast and the possibility of seeing dolphins and whales (**Extra R250 min 8 guests**)

#### **Day 5: Departing the Wild Coast**

- Transfers to the airport for your return flight out of East London – **time to be confirmed.**

#### **Accommodation on the tour**

- Hotel and lodge style accommodation facilities are used.
- The quote is based on shared accommodation – hotels are en suit

#### **Catering on the trail**

This tour is inclusive of all meals starting with lunch on day 1 and ending with lunch on day 5.

Lunch will be picnic style and may be in the form of packed lunches provided by the hotels should we be out of reach of the back-up team over lunches.



#### **Recommended minimum packing list –**

- ✓ 1<sup>st</sup> Aid Kit with re-hydration mix
- ✓ Toiletries
- ✓ Torch and spare batteries
- ✓ Small, light camera
- ✓ Sunblock and hat – important!
- ✓ Good walking shoes or trainers (suitable for cycling and walking) and sandals/slops
- ✓ 2 x shorts
- ✓ 3 x t-shirts (quick drying if possible)
- ✓ 1 x sweater (long sleeve)
- ✓ 1 x long trousers for evenings
- ✓ Underwear and socks
- ✓ Costume
- ✓ Travel towel
- ✓ Rain jacket
- ✓ Woollen hat in winter
- ✓ Small denomination money



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WILD COAST**



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YOUR  
JOURNEY**

